

CHUKWUENYEGOM JOSEPH EGBUMIKE

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SPECIALTY: Geriatric Physiotherapy

EDUCATION

- PhD Nnamdi Azikiwe University, Awka, Anambra State, Nigeria. In view
PhD in Geriatric Physiotherapy.
- MSc University of Southampton, United Kingdom December, 2020
Master of Science in Social Sciences (Gerontology)
Dissertation: Unmet Social Needs of Older adults with Mobility Limitation in Northern Nigeria - A Qualitative Study.
High merit result.
Sponsored by the Commonwealth Scholarship Commission.
- BSc. University of Nigeria, Nsukka, Nigeria July,2017
Bachelor in Medical Rehabilitation (Physiotherapy)
Dissertation: Comparative Analysis of the Effects of Diaphragmatic Breathing and Aerobic Dance Exercise on Pulmonary Functions and Vocal Sustenance in Apparently Healthy Vocalist – An Experimental Study
Overall Third (3rd) Best Graduating Student, Department of Medical Rehabilitation, University of Nigeria Nsukka, Enugu State

Academic and Research Interest:

I am interested in academic activities (discussion and studies) that connects Health and Social Sciences.

I am passionate about Ageing Studies and Elderly Care and Mental Health, hence my clinical and academic practices revolved around GERIATRICS and GERONTOLOGY.

Areas of interest: chronic diseases, palliative care, physical activities, disability, health service and public policies.

I am open to interdisciplinary studies that relates to any of my areas of interest.

Journal Publications (Peer-Reviewed)

- i. Amaeze, A. A., Amaeze, N. F., Obeagu, E. I., Ezema, C. I., Onwudiwe, C. U., N. Eze, C., & **Egbumike, C. J.** (2021). *Analysis of Method of Axillary Crutch Measurement*. *Journal of Advances in Medicine and Medical Research*, 33(13), 117-123. <https://doi.org/10.9734/jammr/2021/v33i1330962>
 - ii. Asogwa, E. I., Obeagu, E. I., Abonyi, O. S., Elom, C. O., Akamike, I. C., Udeoji, D. U., **Egbumike, C. J.**, Agunwah, E. U., Eze, C. N. and Esimai, B. N. (2021). *Mitigating the Psychological Impacts of COVID- 19 in Southern Nigeria; Public Awareness of Routine Exercises and Preventive Measures*, *Journal of Pharmaceutical Research International*, 33(30A), pp. 72-83. doi: 10.9734/jpri/2021/v33i30A31617.
 - iii. Ede, S.S., Ugwuodo, E. P., Okoh, C. F., **Egbumike, C. J.**, Chukwu, D. A., Irem, F. O., & Nwatu, U. L. (2021). *Impact of Religious Participation and Spirituality on the Health of Nigerian Older People: an online survey*, *Journal of Religion, Spirituality & Aging*, DOI: 10.1080/15528030.2021.2001407
 - iv. Paulinus, I. C., Anthonia, E. U. and **Joseph, E. C.** (2022). *Knowledge, Attitude and Utilization of HIV Post Exposure Prophylaxis among Health-Care Workers in a Teaching Hospital in Enugu State, South East Nigeria*, *Journal of Pharmaceutical Research International*, 34(47B), pp. 16-28. doi: 10.9734/jpri/2022/v34i47B36403.
 - v. Kalu, M. E., Okeke, C., Nwachukwu, E., Okoh, A., Akinrolie, O., Ezulike, C. D., Adandom, H., Onyeso, O. K., **Egbumike, J.**, Olatunji, F. D., Ugwuodo, E. P., Ojembe, B. U., Adandom, I. I., Anagbaso, A. J., Akinrolie, O. M., Anieto, E. M., Ekoh, P. C., Makanjuola, J. O., Ibekaku, M. C., ... Ugwuja, I. A. (2022). *Methodology and reporting quality of 544 studies related to ageing: a continued discussion in setting priorities for ageing research in Africa*. *Journal of Global Health Economics and Policy*. <https://doi.org/10.52872/001c.36188>
 - vi. Chukwu, S. C., **Egbumike, C. J.**, Ojukwu, C. P., Uchenwoke, C., Igwe, E. S., Ativie, N. R., Okemmuo, J., Chukwu, N. P., Ezeugwu, U. A., Ikele, C. N., & Uduonu, E. M. (2022). *Effects of Diaphragmatic Breathing Exercise on Respiratory Functions and Vocal Sustenance in Apparently Healthy Vocalists*. *Journal of Voice: official journal of the Voice Foundation*, S0892-1997(22)00303-4. Advance online publication. <https://doi.org/10.1016/j.jvoice.2022.09.025>
- Chukwu, C., Sunday Ede, S., **Egbumike, J.**, Nwabueze, I., Okoh, C., & Ojukwu, C. (2023). *Geriatric physiotherapy care: exploring the state of affairs in southeast Nigeria*. *Physiotherapy Review*, 27(2), 5-18. <https://doi.org/10.5114/phr.2023.128857>

Conference Presentations:

- i. Sylvester C. Chukwu, **Chukwuenyegom J. Egbumike**, Chidiebele P. Ojukwu, Chigozie Uchenwoke, Emeka S. Igwe, Nkechi R. Ativie, Adaora J. Okemuo, Nkem P. Chukwu, Uchechukwu A. Ezeugwu, Chioma N. Ikele, Ekezie M. Uduonu. Effects of Diaphragmatic Breathing Exercise on the Pulmonary Functions and Vocal Sustenance in Apparently Healthy Vocalists. Abstract published in conference proceedings. 59th Annual Scientific Conference of the Nigeria Society of Physiotherapists (NSP), held at Nigerian National Merit Award Hall, Maitama, Abuja. FCT, Nigeria. October, 2019.
- ii. Sylvester C. Chukwu, **Chukwuenyegom J. Egbumike**, Chidiebele P. Ojukwu, Chigozie Uchenwoke, Emeka S. Igwe, Nkechi R. Ativie, Adaora J. Okemuo, Nkem P. Chukwu, Uchechukwu A. Ezeugwu, Chioma N. Ikele, Ekezie M. Uduonu. Effects of Aerobic Dance Exercise on the Pulmonary Functions and Vocal Sustenance in Apparently Healthy Vocalists. Abstract published in conference proceedings. 3rd Scientific Conference and Annual General Meeting of the Association of Clinical and Academic Physiotherapists of Nigeria (ACAPN), University of Port Harcourt Teaching Hospital, Port Harcourt, Rivers State, Nigeria. October, 2019.
- iii. **Egbumike Chukwuenyegom Joseph**, Ojembe Blessing, EzulikeChigozie D, GbemigaOnyinlola, Nwachukwu Ernest, Kalu Michael Ebe. Older Adults with Mobility Limitations: Narratives of Unmet Social Needs following Discharge from In-Patient Rehabilitation Unit. Abstract published in conference proceedings, 2nd Annual Scientific Conference of the Health Promotion, Molecular Therapy and Rehabilitation Initiative, University of Nigeria, June 2021.
- iv. Sylvester C. Chukwu, **Chukwuenyegom Joseph Egbumike**, Andrew Okoro, Chidiebele .P. Ojukwu, Emeka S. Igwe, Nkem P. Chukwu, Clementina Nkiru Eze, Elisabeth Agunwah. ***Long Term Care of Older Roman Catholic Reverend Sisters: A Qualitative Case Study of an Assisted Living Facility in Enugu State.*** Abstract published in conference proceedings, 1st Annual Scientific Conference, themed: Multi-Sectoral and Innovative Responses to COVID-19. Faculty of health science and technology, College of medicine, University of Nigeria, Enugu campus. May, 2022.
- v. Chukwu Sylvester Caesar, **Egbumike Chukwuenyegom Joseph**, Nwabueze Innocent Uchechukwu, Ede Stephen Sunday, Okoh Chisom Favour, Ojukwu Petronilla Chidiebele (2022). **Geriatric Physiotherapy Care: Exploring the State of Affairs in South-East Nigeria**, 6th Scientific Conference and Annual General Meeting, held physically, and hosted by the Association of Clinical and Academic Physiotherapists of Nigeria (ACAPN) in Ibadan, Oyo State, Nigeria. October 10 – 14, 2022.
- vi. Kalu, M. E., Okeke, C., Nwachukwu, E., Okoh, A., Akinrolie, O., Ezulike, C. D., Adandom, H., Onyeso, O. K., **Egbumike, J.**, Olatunji, F. D., Ugwuodo, E. P., Ojembe, B. U., Adandom,

I. I., Anagbaso, A. J., Akinrolie, O. M., Aniето, E. M., Ekoh, P. C., Mekanjuola, J. O., Ibeaku, M. C., ... Ugwuja, I. A., **Emerging Researchers & Professionals in Ageing – African Network. (2022). Methodology and reporting quality of 516 studies on ageing: a continued discussion in setting priorities for ageing research in Africa.** 6th International Research Conference held virtually but hosted at the Center of Ageing Studies, University of Ghana. Nov 10 and 11, 2022.

- vii. Sylvester Caesar Chukwu, Chukwuenyegom Joseph Egbumike, Kenekukwu Kingsley Okonkwo, Nkem Paschaline Chukwu, Sylvester Emeka Igwe, Chidiebele Pertoneilla Ojukwu, Uchechukwu Anthonia Ezeugwu, Nwazuruoke Ebubechi. **Glycaemic Control and Wellbeing Determinants amongst Older People with Diabetes Mellitus in Enugu State, Nigeria.** 63rd Annual Scientific Conference and 64th Annual General Meeting, by the Nigeria Society of Physiotherapy (NSP) @ Ado-Ekiti, Ekiti State. October. 8 – 14, 2023.

PROFESSIONAL AFFILIATIONS**DATE**

Emerging Researcher and Professionals in Ageing-African Network	2019 till date
Medical Rehabilitation Therapist Board of Nigeria	2017 till date
Gerontology Association of Nigeria	2021 till date
Stakeholders group on Ageing (SGA) in Africa	2021 till date

EXTRACURRICULAR ACTIVITIES

Spending time in natural environments, Voluntary Activities; Singing; Weight-lifting; Leisure walking; Dancing; Chatting.